

Essential Energy...for daily living

Contributing Editors
Cindy Phillips 262.305-7733
Leann Larsson 262.573.0300
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NingXia Red...Packed with Health, Longevity & Energy

Information compiled from "Radiant Health News" distributed by Karen Balistreri and also various Young Living Literature

NingXia Red will wake up your body with a nutrient infusion of epic proportions! Get ready to enjoy more energy, stamina and better health. And it is absolutely delicious. A luscious blend of organic Ningxia wolfberries, super fruits and berries, **NingXia Red** is the most potent power juice on the planet.

It's no secret that the Standard American Diet is dismally lacking in essential nutrients. What's more the abundance of fat-laden junk food has caused an epidemic of obesity, diabetes and heart disease. Scientists and physicians are realizing as never before, that Americans need a massive nutrient infusion. **NingXia Red** is just that, plus more!

Ningxia Red Benefits

- **Immune Boosting** — Protection from infections and germs.
- **Healthy Liver** — NR contains lemon and orange essential oils high in the powerful antioxidant d-limonene to promote health liver function
- **Reduces Inflammation**—as we age many of us develop arthritis. Increasing essential polysaccharides in the diet, have been shown to decrease arthritis symptoms.
- **Protects DNA**—Free radicals invade our bodies everyday – they come from chemical preservatives in processed food, chemicals in cleaning products, chemical pesticides, bad water and they can be in the air we breathe. If the free radicals attack the nucleus of the cell which is the DNA – cancer can develop
- **Supports Cardiovascular Health** — Pomegranate juice, one of the ingredients in NR, supports normal blood pressure and has shown evidence that it reduces pre-existing heart disease.

- **Supports Eye Health**— One of the carotenoids found in the wolfberry in higher than normal amounts, is called Zeaxanthin. There are some 40 clinical studies showing that Zeaxanthin is a powerful eye protectant
- **Improved Energy & Performance**—NR high levels of adaptogens increase energy and stamina by improving your ability to consume and use oxygen.
- **Weight Loss**—NR's polysaccharides convert food into energy more readily and helped to reduce body weight.
- **Diabetes Management**—The wolfberry, (the main ingredient in Ningxia Red) has been used in the treatment of diabetes in China for many years. Its polysaccharides have been shown to help balance blood sugar and insulin response.



Drink
Ningxia Red
Every Day.

You Will Feel A Difference!

Testimonials—NR is Good for All!

Fibromyalgia Symptoms Gone... "I was recently diagnosed with fibromyalgia and chronic fatigue syndrome. The pain and exhaustion were unbelievable. I started drinking 3 ounces of **NingXia Red** a day and the pain and exhaustion simply vanished! I now have a high level of energy, no more bouts with debilitating pain, the sluggishness has left and my mind is clear." Eileen D.

Eye Health... "My pug has pigment growing over his eyes – vet warned me that Mugsie may eventually lose his eyesight. After taking 1 oz of **NingXia Red** daily for about a year, not only did the pigment stop growing, it's nearly gone." Jen S.



Summer Recipe—NingXia Red Smoothie

4 oz. **YL NingXia Red**
1 cup Fresh Strawberries
1 cup Coconut Milk
1 scoop **YL Power Meal or Balance Complete**
1 drop **YL Cinnamon Bark EO**
1 teaspoon **YL Blue Agave** (to taste)

In a blender, combine all ingredients and puree for 30 seconds. Makes 2 1/2 cups..

Contact us if you have any questions.
Call [Cindy Phillips 262.305.7733](tel:262.305.7733) or
[Leann Larsson 262.573.0300](tel:262.573.0300)



The Power of The Wolfberry

For thousands of years, Chinese medical texts have praised the power of the wolfberry. Found in fertile flood plains of Ningxia, China, the **Ningxia wolfberry** is known for fortifying the life force. The Chinese national census recently reported that the number of Ningxia residents living more than 100 years exceed the national average by an amazing 400 percent. The secret to their health? These residents freely admit it is the locally-grown wolfberry.

NingXia Red is powered by these legendary **NingXia wolfberries**. **NingXia Red** contains many of the highest natural levels of vital, bioactive nutrients that are hard to find in our modern diets. These nutrients come together to improve health in virtually every organ system. **NingXia Red** consumers report a wide variety of significant and sometimes phenomenal health effects.

Chinese Physicians recommend you consume a minimum of 2oz daily (in water) to maintain excellent health and for at least 6 months to achieve maximum benefit. Immediately you'll

notice more energy and a feeling of happiness. If you are ill however, it would be beneficial to consume more. Some areas that Chinese physicians see an affect—**Allergies, Anti-Aging, Arthritis, Blood Building, Bone Density, Circulation, Cardiovascular Health, Cancer, Hepatitis, HIV Infection, Diameter, Emotional Imbalances, Gastro Intestinal Disorders, Hair, Skin & Nails, Psoriasis, High Blood Pressure, Hormonal Balance, Infection, Infertility, Inflammation, Lead Toxicity, Liver, Longevity, Mental Clarity, Muscles Ligaments, Tendon, Obesity, Periodontal Gum Disease, Sexual Potency, Spleen, Strength Building, Vision**. Call Cindy or Leann for specific applications.

In the US current statistics show that 3% live to be over 80 and the majority have chronic health issues. Right now approximately 80% of people in the US over the age of 30 are on medication with many on multiple medications. Want to avoid being one of those statistics?

Start Drinking NingXia Red Today!

NingXia Red