

Hoofs, Pawz 'n Claws

NATURAL HEALING & WELLNESS FOR ALL ANIMALS

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HEALING AND DEALING WITH WOUNDS

...USING NATURE'S LIVING ENERGY

The animals in our lives will experience, sooner or later, an injury that will require us to take action to provide care, cleaning, "treatment", and some form of intervention. The good news is that any therapeutic oil provides a complex chemistry that makes it ideal for killing and preventing the spread of bacteria while supporting tissue regeneration. Microorganisms have a difficult time mutating in the presence of so many different antiseptic compounds. So, the idea is to **use whatever oil you have**. Young Living provides kits of 7 or more oils that can all be used for a host of issues. The Kit for Every Day Essential Oils gives us nine options to use with wounds and injuries. The Golden Touch One kit is the Emergency First Aid Kit of seven oils that also provide a broad application for wounds and injuries. We will describe some of these and others for you to consider.



Start Living with Every Day Oils Golden Touch 1

A wound is any injury to the body that can compromise the integrity of the tissue, creating an opening to underlying dermis, muscles, tendons and bone. Wounds can be cuts, scrapes, bites, gashes, punctures, unhealed blisters or rashes, or a foreign particle that has penetrated and embedded into the skin. They can produce profuse bleeding or none; they can be superficial or deep to the bone; they can result from impact with blunt or pointed objects, from burns or from internal infections; they can be localized to one area or multiple injuries of various kinds. All wounds originate with trauma. Think of promoting healing from the inside to the outside.

There are steps you can take before you seek veterinary care, and perhaps eliminate that totally, by decreasing the effects of stress, trauma and the chance of infection and enhancing natural healing.

To understand natural wound healing process, it's helpful to visualize how the 'skin' is constructed in most animals. There are three layers of 'first-line' protection: *epidermis*, *dermis* and *hypodermis*. The *epidermis* has no blood vessels and is multi-layered. Cell types of the *epidermis* play a role in the healing process of any wound. They fight off infection, form skin coloration and provide framework for the skin's second layer. This layer is the final one to heal. The *dermis* is the thickest layer, made up of collagen, elastin and proteins. The *hypodermis* is the innermost layer, made up of collagen strands and fat cells.

Three Phases of Healing—This describes the body's natural healing process

Phase 1 Acute Inflammation occurs immediately after injury and may last three or more days, depending on the healing process. Cells instantly go into action. The circulatory system and cells respond by defending against infection. Dead cells are shed (pus, draining, bleeding), clotting agents create a covering layer in which new cells can form. Neutrophils (cells) destroy debris and infected cells and stay on site until all bacteria are

cleared from the wound. Macrophages (cells), part of the natural immune system, are also bacteria killers and stay on site through the healing process. They also bind molecules and form new tissue.

Phase 2 Proliferation of new cell growth takes place 3-17 days after an injury.

Phase 3 Remodeling/Repair begins at two weeks or later. Collagen production and re-absorption are equal, so wound tissue becomes stronger and more resilient and finally scar tissue forms.

Severe wounds and/or aggressive bacterial infections complicate the natural healing process. Deeper tissues beneath the scab are not healing; healing time is longer resulting in damage to tissues and hair follicles; scarring occurs which inhibits tissue movement and healthy skin growth; the body's natural immune system is weakened; and infections may become systemic.

Using Therapeutic essential oils will help change this scenario by:

- Oxygenating all cells
- Stimulating cellular growth, the natural process of 'sluffing off'
- Decreasing heat, inflammation
- Combating bacteria, viruses, fungus
- Increasing tissue regeneration

In short, they assist cellular function for more rapid healing. Also, healing occurs from the depths of the wound outward. This means that the wound heals and closes from deeper layers, a scab or scar tissue may not form, bandages are often not needed or desired. Medications and chemically-laden salves, sprays are avoided and the animal feels better, more rapidly. Therapeutic oils also assist with systemic infections and boost the natural immune system.

STEPS IN WOUND CARE

- Apply **Valor, Peace & Calming, Trauma Life, Chivalry** to you and to the animal.
- Flush the Wound using a syringe, irrigate with warm water and oils. Can use several products to clean the wound
- Apply **Pressure** with a Hot Compress – Put oils on the cloth, in the water or on the wound.
- Apply Oils to cleanse, stop bleeding, decrease heat and inflammation, combat infections.
- Pack Wound (create an oil pack) and cover with an oil 'hydrogel' - **Animal Scents, Ningxia Red** poultice, **Thieves Waterless Hand Sanitizer, Tender Tush** or **Mineral Gel**.

Keeping wounds moist and soft can speed healing process by 50%.

CONTRIBUTING EDITORS

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YOUNG LIVING DISTRIBUTORS/MEMBERS
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Monief impaled her chest on a metal object. To stop bleeding, oils were applied to owner's hand and inserted into the 6" deep wound. Continued use of therapeutic essential oils accelerated healing. Photo below shows results three weeks after injury.



TO STOP BLEEDING

"Grab what you have and apply". Simple **Lemon** or **Lavender** have been known to stop bleeding. **Geranium** and **Cistus** are excellent hemostats. **Cypress** and **Myrrh** also stop bleeding. For deep wounds, pour oils right into the opening or onto fingers and hands and insert "oil coated" fingers into the wound. Soak cloth in oils and pack into wound. Can also create a paste with **Animal Scents** and **Sulfurzyme** and pack into the wound.

TO CLEAN

Not all wounds need to be "cleaned". Bleeding is a natural cleaning process, and sometimes is encouraged. If debris is in the wound, cleaning is needed. If the wound is old, or if infection is present, cleaning is vital. If it is a puncture wound, cleaning and other care-steps are needed.

Young Living oils and blends have antiseptic properties, so whatever oil you have is helpful to ward off bacteria and microbes. Using oils to clean a wound also encourages tissue regeneration, which means natural healing from deep tissues to outer layers. A needle-less syringe is an effective way to flush and irrigate warm water with therapeutic oils into a wound, especially a deep one. For a more superficial wound, you can use a sterile gauze soaked in water and oils. The oils found in the **Every Day Oils** and **Golden Touch One** kits are a perfect place to start, such as, **Frankincense, Lavender, Lemon, Melrose, Purification, RC, Raven, and Thieves**. Others to have on hand for wound cleaning are: **Cinnamon Bark, Clary Sage Cypress, Elemi, Geranium, Idaho Balsam Fir, Grapefruit, Hyssop, Lemongrass** (limit 2-3 days) **Myrrh, Myrtle, Orange, Patchouli, Black Pepper, Rosewood, Sage, Spruce, Thyme, and Tarragon**. You do not need all of these oils! It is helpful to rotate combinations of oils to offer the tissues varying constituencies to draw upon. Most of these oils are also supportive to nerve and soft-tissue restoration. And, you can find blends that have several oils in them, such as **Believe, Aroma Siez, Panaway, Relieve It**.

Clean a wound using **Thieves Foaming Soap** and water. Put soap on your finger or pump it onto wound. Rinse.

TO CLEAN (cont)

Create an antiseptic spray with water, 2-3 drops of Lavender, Clary Sage, Elemi, and Melrose. Add a drop of Thieves Cleaner. YES, you can use Thieves Cleaner—the same one you use to clean your floor because it has the antimicrobial benefit of Thieves oil blend. This is a great spray to apply throughout the healing process, spritzing each day.

Use the Thieves Spray, but watch for irritation and not recommended for cats (see insert)

Cover wound to support surrounding tissues and to moisturize. Use Animal Scents, Tender Tush, ART Day Moisturizer, Regenalone, or Neurogen. Mineral Gel with drops of oils is very healing to put into and over the wound.

TO DECREASE PAIN

Generally, this is a non-issue with animals and wounds. Either they are "stoics" or the pain centers shut off for them. Irritation to wound site is more common, and they scratch, bite, chew, rub, or surrounding tissues become irritated and painful. It is our experience that when we use therapeutic oils, pain is reduced right along with the methods applied to stop bleeding, calm the injured, clean the site, reduce inflammation and boost the immune system. Plus, healing is accelerated and the discomfort time is reduced. Wounds caused by blows/impacts generally are more painful due to surrounding tissue damage, bruising, bone or organ injury.

Clove has the constituent of eugenol which acts as a numbing agent. The blends En-R-Gee, Immupower, Melrose, Panaway, and Thieves have clove in them. They can be applied around the wound or on the animal's hind feet. Use a carrier oil to reduce intensity of clove.

Wintergreen is a penetrating oil giving warmth to nerve or tissue pain. It has natural methyl salicylate. It is in the blend Relieve It. (caution with cats).

It is helpful to offer oils of calming and to reduce shock as a first approach to pain reduction. Basil, Palo Santo or Peppermint or blends of Aroma Life, Australian Blue or Valor are good for shock. Use Rose Oil if you want to be extravagant!

Decreasing Inflammation also decreases pain.

Our Next Issue... Wounds—Part II, Puncture Wounds, Abscesses, Decreasing Inflammation, Supporting Immune System, Reduce Scarring, Stress Reduction for the Care Giver

Testimonials

Click here to submit your story

Our long haired dog, Maddie, was 'nipped' while clipping a hair mat over the thin skin behind her ear. The wound oozed and the hair got sticky from the EMT ointment that was used. Maddie scratched, deepened and tore the wound to the size of a nickel by the time I discovered it. A flap of skin was hanging and my first thought was it needed stitches. It was late, so I used the Thieves Hand Soap to clean it, applied Lavender, Frankincense and mineral gel. The next day I applied the same oils and Animal Scents Ointment. By the third morning, the flap was adhering over the wound. My first bottle of Melrose arrived and I begin using that along with the other oils. The wound is scabbed over and well on the way



to healing in just under two weeks without stitches!

Susie H., Pet Nutritionist.

Condensed Testimonial While away from home, one of my breeding rams received an injury to his scrotum. The person taking care of my sheep sprayed the wound with Blue-Kote. The wound was a 3-4 inch cut across the lower 1/3 of the scrotum making it hang open. There were also two smaller scraping puncture wounds down the right side of the scrotum. I clipped the wool where necessary then scrubbed the area with soap and warm water. I used Citronella, Idaho Tansy and/or Purification in a spray bottle (10-15 drops of oil with 2 oz well water) spraying entire body especially the scrotum area. Because the wounds were deep and open, they had to be healed from the inside out. No stitches were applied. I used Elemi, Geranium, Melrose, Patchouli and Purification for the healing process. To ward off infection, I gave the ram 2 drops of Rosemary with 8 drops of V-6 Mixing Oil in a capsule down the throat twice daily for four days. I mixed together 3 drops Lavender, 2 drops Tea Tree and 1 drop Thyme with 1 teaspoon V-6 Mixing Oil and applied twice daily to potentially infected wound. I want to report that after three months this ram is almost healed. The large open wound healed from the inside out and has closed itself. Nerve action has been regained. Scar tissue is almost non-existent. We hope to turn this ram in with some ewes in October. Carol F, Waupaca WI

References and Links

Abundant Health

Mineral Gel and Mineral Soak products are obtained from www.m.farnham.naturerich.net

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Those Special Cats

Cat wounds respond well to Young Living therapeutic oils and natural products. Calm cats by petting with Valor, Peace & Calming, or Vetiver on your hands, or hold the back feet with drops of oil in your hands. Clean wounds with Thieves Foaming Soap, Mineral Soap or Rosewood Shampoo and warm water with a drop of Lemon oil. Apply directly or on your finger and then to wounds: Elemi, Lavender, Geranium, German or Roman Chamomile, Pine or Purification. Dilute Peppermint, Aroma Siez or Di Gize in your hand and hold over wound area to reduce inflammation. Put Thieves or Melrose in water and a few drops of Rosewood Shampoo in small spray bottle to create an antiseptic spray to cover wound and surrounding area. Add V6 Mixing Oil or Almond oil if area becomes sensitive. Contrary to most literature, we have found that cats do well with the blend Melrose, AS LONG AS THE SOURCE OF MELALEUCA IS YOUNG LIVING!! Create a hot compress using hot water, drops of Lemongrass, Melrose, and Peppermint in the water. Wring-out rag well and hold over wound. Pack or cover wound with Mineral Gel, Animal Scents, or Tender Tush. Lemongrass becomes "too hot" for tissue, so limit use to 2-3 times. If cat is agitated, apply more almond oil. Avoid hot phenol oils (neat), such as Thyme, Oregano, Cloves, even Frankincense can be too intense for cats. And remember, response to therapeutic oils differs from cat to cat. Expect heavy salivation!

Young Living Products

EVERYDAY OILS AUTOSHIP PACK— Includes 5 ml of Lavender, Peppermint, Lemon, Thieves, Frankincense, Valor, PanAway, Peace & Calming, and Purification for ongoing support of your animals, your body & your home Code 3324, Wholesale \$115.00, Preferred \$133.16

GOLDEN TOUCH I KIT—Includes oils that provide immune support as well as support for many functions of the body. DiGize, EndoFlex, JuvaFlex, Melrose, Raven, R.C., Thieves Code 3130, Wholesale \$69.50, Preferred \$80.47, Retail \$91.45

THIEVES FOAMING SOAP - Cleanses, Defends and Conditions the Skin with Thieves Essential Oil Blend, pure Lemon and Orange essential Oils, aloe, Ginkgo Biloba and Vit E. **Application:** Apply direct to wound for cleaning. Code 3674, 8 fl oz., Wholesale \$9.75, Preferred \$11.29, Retail \$12.83 Also available in 3-pack.



WHEN AN OIL IS TOO HOT OR THE ANIMAL BECOMES AGITATED, APPLY YL'S V-6 OR OLIVE, GRAPESEED OR ALMOND OIL.
More Animal Safety Guidelines

Consider This Oil!

ELEMI—distilled from tree resin. Fondly referred to as "poor man's frankincense": cheaper, but shares similar properties and uses. A wonderful oil for cuts, wounds, ulcers, especially if infected (even putrid infections, such as gangrene). Use in wound compresses including abscesses. Rejuvenates skin and is a calming oil. Agreeable to most all animals

Code 3540, 15 ml Wholesale \$14.75, Preferred \$17.08, Retail

Pure is not always pure... Young Living Essential Oils are pure, organic therapeutic grade essential oils. Producing the purest of oils can be costly because it may require several hundred pounds, or even several thousand pounds of plant material to extract one pound of pure essential oil. The extraction of oil is a science that needs to be done precisely. For those oils obtained with steam distillation, each oil varies in the amount of pressure, time and heat requirements to maintain all of the therapeutic qualities. KNOW YOUR SOURCE Oils obtained from stores are generally "fragrance quality". They may be over-processed, chemical laden, highly adulterated & denatured products. Remember, what you put ON your animal is going to the INSIDE of your animal too.

How to Buy Young Living Oils

Call us to discuss your animal's care.
Young Living Distributors/Members

Cindy Phillips, YL 649850
Ofc 262 670 9515, Cell 262 305 7733
Email: cindy@reindeergames-wi.com

Mary Ward-Farnham, YL 557780
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